



Maidstone Grammar School

for Girls

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Online Safety



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.



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Aims for This Evening

- To understand what children/students are doing online - what concerns do we (the school) have regarding our students' online behaviour
- Discuss ways to keep children safe when they're online
- To teach children to make smart choices when they're online
- To start a discussion about Internet safety that can be continued with your families and others beyond tonight



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You are the first-generation of Internet parents

- Your children are the first generation to be born and raised with the Internet as part of their everyday lives.
- Children often know more about the Internet & technology than we do!

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Technology has changed our lives.

Don't concentrate only on the dangers and forget all the benefits!



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How MGGS Keeps you Safe

- Focus Days
- International Safer Internet Week (February)
- Assemblies
- Online safety displays in all Computer rooms
- Online Safety units within KS3 Computing Curriculum
- Online Threats is a chapter within Computing GCSE and A-Level
- Online Safety is discussed in all subjects where appropriate
- Form Time
- E-Safety Ambassadors

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MGGS E-Safety Ambassadors

- 8 ambassadors throughout the whole school
- We are working as a team to produce newspapers, posters and quizzes and more for students to complete.
- Our aim is to promote e-safety, provide advice and guidance and to update students on e-safety news.
- We have an e-safety classroom and email too !



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Protecting for Content

Parental Control Software	Common Features
Qustodio Net Nanny Symantec Norton Family Premier Kaspersky Safe Kids Mobicip Clean Router SafeDNS OpenDNS Home VIP uKnowKids Premier Kidlogger	Per-User Settings Content Filtering Filter HTTPS Sites Access Scheduling Social Network Monitoring Remote Management Tracks Keystrokes

Google Safe Search

Google – activate “Safe Search” – removes adult pages from the search results.

How to do this -

<https://support.google.com/websearch/answer/510?hl=en>

Yahoo -

http://help.yahoo.com/kb/index?page=content&id=SLN2247&locale=en_US&y=PROD_SRCH

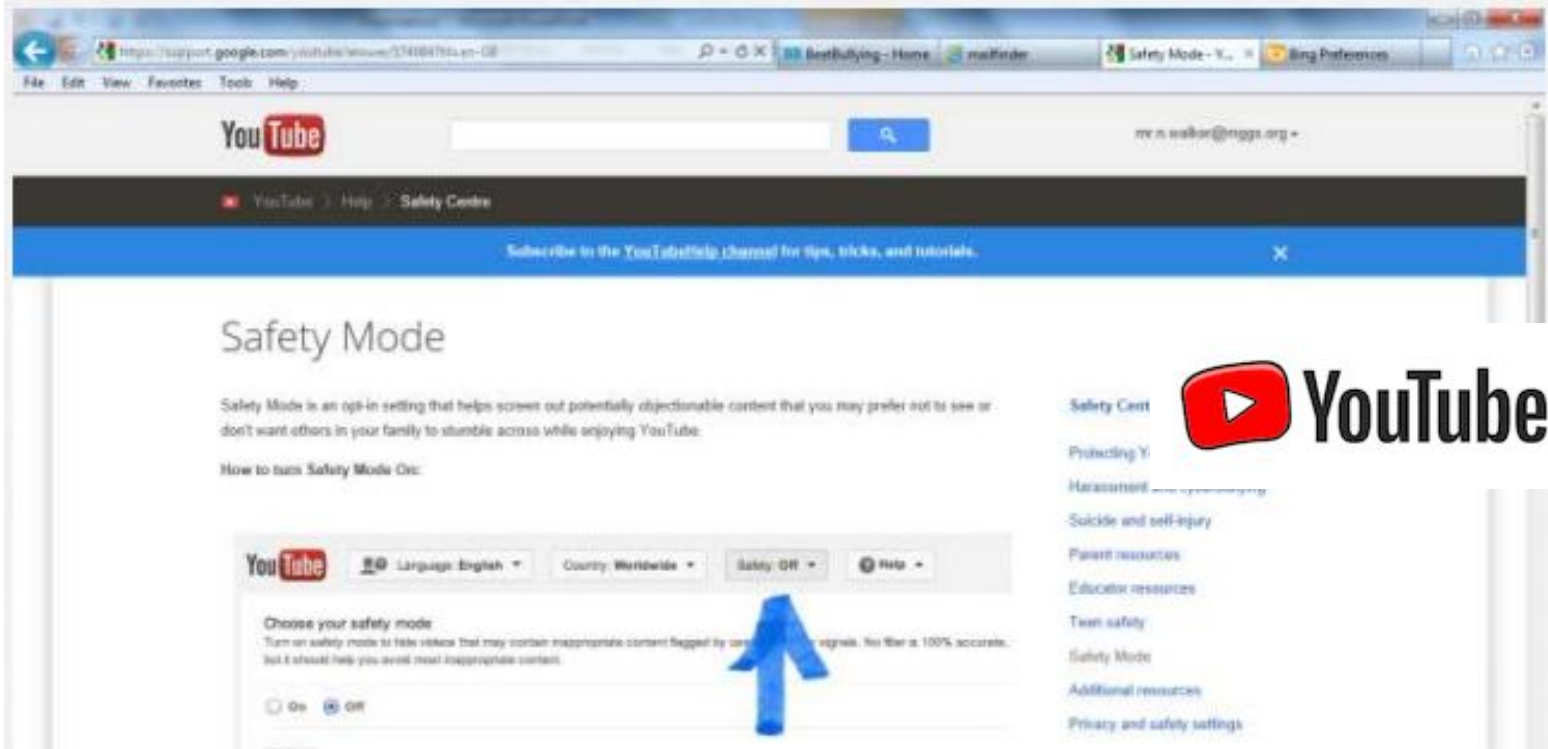
Bing -

<http://www.bing.com/preferences.aspx>



Safety Mode in Youtube

o <https://support.google.com/youtube/answer/174084?hl=en-GB>



The screenshot shows a web browser window displaying the YouTube Safety Mode help page. The browser's address bar shows the URL <https://support.google.com/youtube/answer/174084?hl=en-GB>. The page features the YouTube logo at the top left, a search bar, and a user profile icon. Below the header, there is a blue banner with the text "Subscribe to the YouTubeHelp channel for tips, tricks, and tutorials." The main heading is "Safety Mode". The text below explains that Safety Mode is an opt-in setting that helps screen out potentially objectionable content. It also provides instructions on how to turn Safety Mode On. A blue arrow points to the "Safety: Off" button in the YouTube interface shown in the example. On the right side, there is a sidebar with a "YouTube Kids" logo and a list of links: Safety Center, Protecting Your Account, Harassment, Suicide and self-harm, Parent resources, Educator resources, Teen safety, Safety Mode, Additional resources, and Privacy and safety settings.

Safety Mode

Safety Mode is an opt-in setting that helps screen out potentially objectionable content that you may prefer not to see or don't want others in your family to stumble across while enjoying YouTube.

How to turn Safety Mode On:

Choose your safety mode
Turn on safety mode to help videos that may contain inappropriate content flagged by our system. No filter is 100% accurate, but it should help you avoid most inappropriate content.

☐ On ☒ Off

YouTube Kids

- Safety Center
- Protecting Your Account
- Harassment
- Suicide and self-harm
- Parent resources
- Educator resources
- Teen safety
- Safety Mode
- Additional resources
- Privacy and safety settings

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CEOP

- CEOP stands for Child Exploitation and Online Protection.
- The job of CEOP is to work to bring online child sex offenders to court, it does this by anyone reporting concerns for a child who is being sexually abused or groomed online.
- You can make a report directly to CEOP by pressing the button on websites (also on MGGS website) or searching it up directly and on some apps such as Facebook, with the button taking you straight to the website.
- They also have another website called 'Thinkuknow'



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4+	Applications in this category contain no objectionable material
9+	Applications in this category may contain mild or infrequent occurrences of cartoon, fantasy or realistic violence, and infrequent or mild mature, suggestive, or horror-themed content which may not be suitable for children under the age of 9.
12+	Applications in this category may also contain infrequent mild language, frequent or intense cartoon, fantasy or realistic violence, and mild or infrequent mature or suggestive themes, and simulated gambling which may not be suitable for children under the age of 12.
17+	Applications in this category may also contain frequent and intense offensive language; frequent and intense cartoon, fantasy or realistic violence; and frequent and intense mature, horror, and suggestive themes; plus sexual content, nudity, alcohol, tobacco, and drugs which may not be suitable for children under the age of 17.

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Content - Creation



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Sexting (YPSI)



- **Sexting:** the taking and sharing of youth produced sexual imagery

- × May occur as part of “flirting”, natural curiosity, risk taking or as a result of experiencing abuse
- × Protection of Children Act 1978 makes it an offence to make and distribute indecent images of children (including those taken of themselves with ‘consent’)

Consequences:

- × Criminal (Prosecution is rare but possible for children and young people)
- × Emotional
 - × Short and long term impact on those involved
 - × Increased vulnerability to bullying, unwanted attention, blackmail and emotional distress



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Things you do want to post

- Positive things that highlight your personality
- Things that show your creativity
- Variety of interests and activities
- Be proud of those awards (but remember the fine line between confidence and arrogance)
- Express opinions but remember not to degrade those who disagree with you
- **If you wouldn't say it in person, then you probably shouldn't be posting it either**



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Review your family's digital footprint

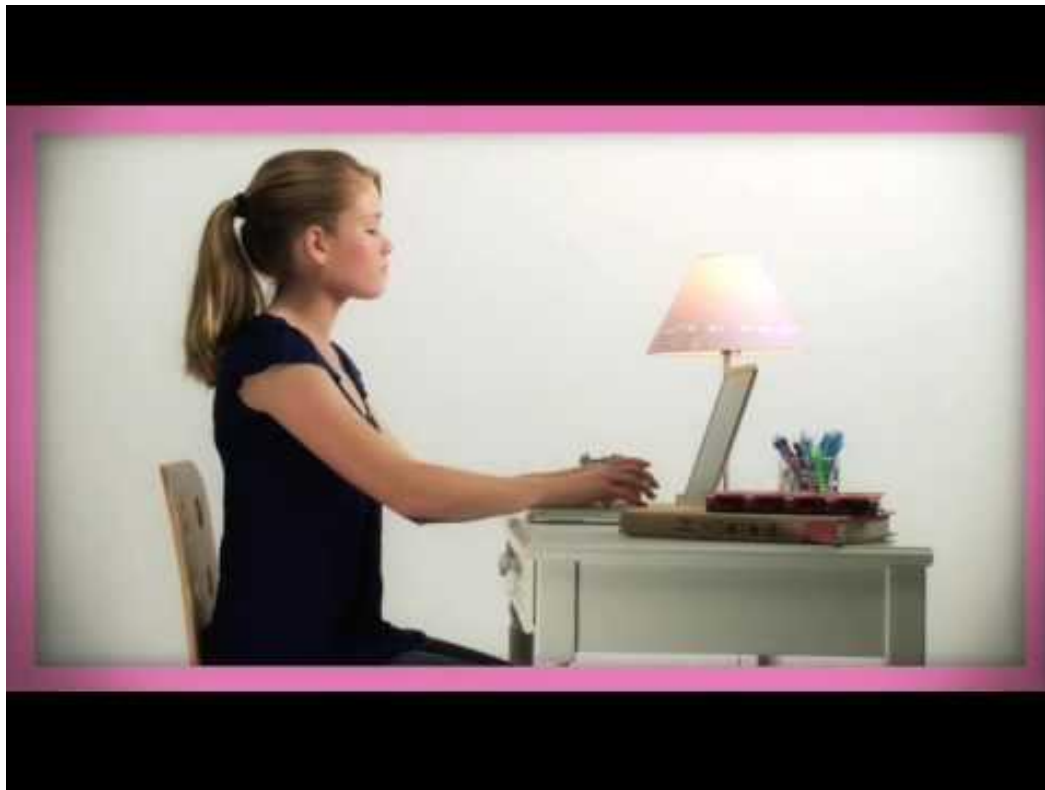
- Google your name
- Google your nickname
- Google your name + MGGS
- Google your name + Maidstone
- Check image search
- Search your email address
- Search twitter/instagram names
- Search your postcode?
- Search your mobile number?

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Contact



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Contact - Discussion

- Talk to your daughter about who she talks to, messages, plays games with online
- Regularly remind children/students that you cannot trust any information given to you by someone online - always stay sceptical
- Never give out personal information (to include not being photographed in school uniform or identifiable sports team kits etc)
- Disable features such as GPS location tracking
- Never meet up with someone in person that you met online without taking an adult with you
- Ensure that children know how to block contacts on the platforms they are using and also how to report other users when they feel uncomfortable
- Regularly review and check privacy settings on all platforms



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Commerce



Add to Cart

or 1-Click Checkout



Buy now with 1-Click®

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Commerce - Discussion

- Only use trusted and secure websites
- Ensure you log out of websites and accounts each time you finish using them
- Never give out personal information
- Make sure you have up to date security software
- Don't use public/open networks for sending commerce information



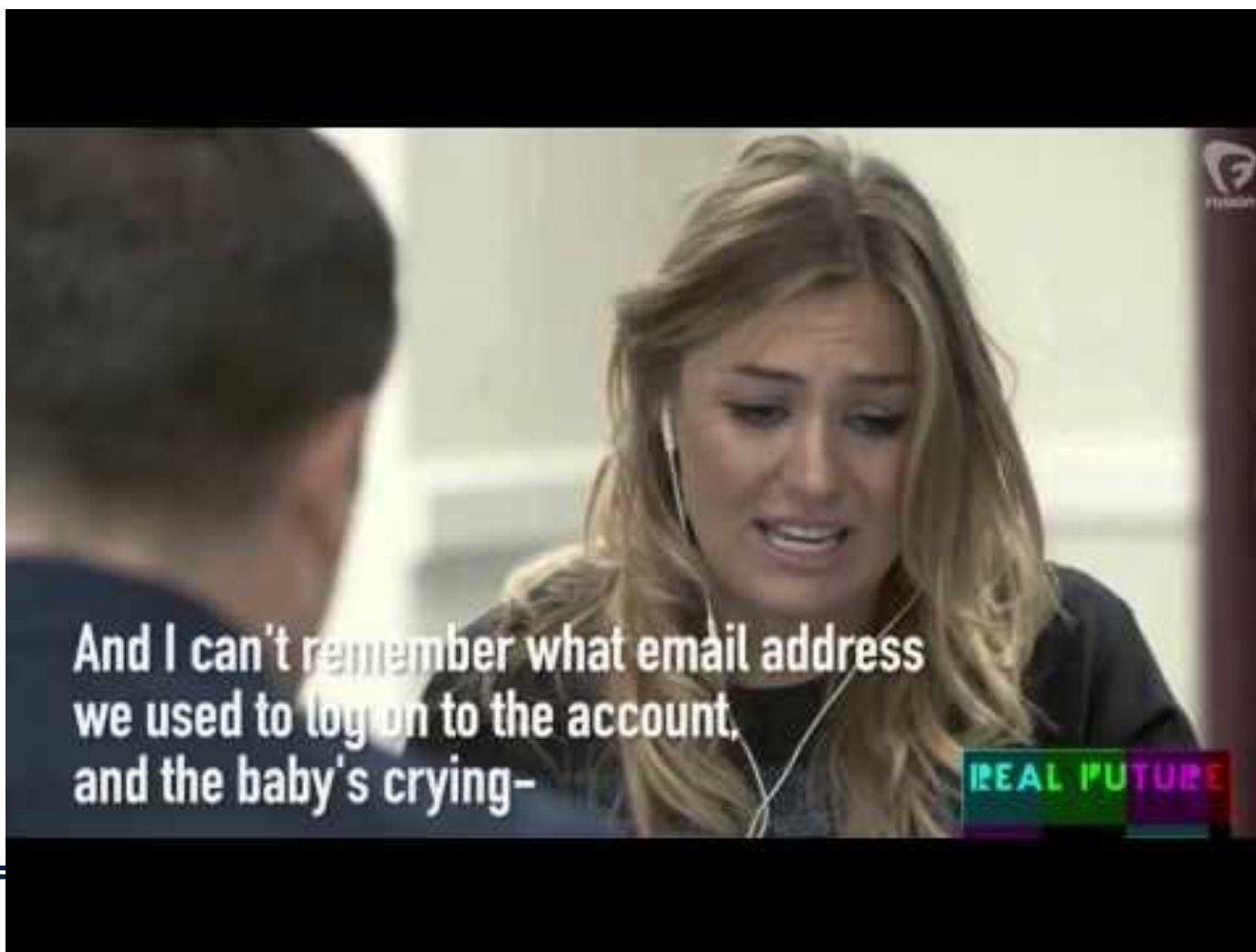
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Malicious Files

- Phishing
- Pharming
- Shouldering
- Social Engineering
- Malware - Viruses, Trojans, Keyloggers, Spyware, Adware, Ransomware



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And I can't remember what email address
we used to log on to the account,
and the baby's crying-

REAL FUTURE



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Actions to increase security

- Keep all software up to date
- Install antivirus software
- Consider a home network firewall
- Change default passwords and network name
 - change regularly
- Use wifi extenders to create mini networks
- Use wifi encryption



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Cultural Online Behaviour Concerns

- Online abuse / trolling
- Cyberbullying
- Online rumours, hoaxes, fake news
- Screen time (late at night?)
- Gambling
- Online gaming



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Culture & Online Behaviour





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Online Abuse

- Can be perpetrated by strangers, family or peers
- May involve a physical (real life) meeting or can take place completely online (abuse takes place via webcam)
- May include coercion and blackmail – Child Sexual Exploitation or grooming for extremism (radicalisation)
- May not be disclosed by children as they may be afraid of being punished or of removal of technology
- Is just as damaging and distressing to children as “real world” abuse



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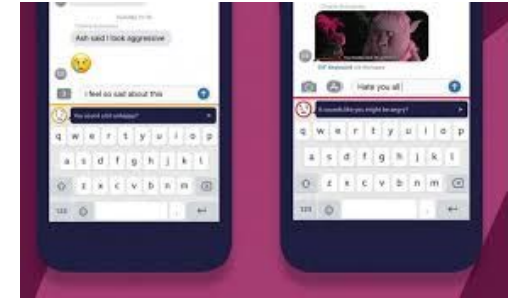
Advice for Cyberbullying

- Never respond to unkind remarks / texts / captioned images.
- Block the cyberbully.
- Tell a trusted adult ASAP.
- Save the posts / screenshot images.
- Notify the police, if appropriate.
- Notify the school, if appropriate.





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BBC Own It App

- Created to help young people develop good habits whilst using their phones.
- Allowed me to download a special keyboard which monitors tone and language.
- Many articles to read and has advise if someone you don't know has contacted you or made you upset.



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General Advice for Parents

- Sign an “Internet Safety Contract.”
- Try to keep the use of technology in a public area of your home.
- Set a time limit for computer use.
- Become familiar with the sites your child visits.
- Know your child’s online “friends.”
- Know your child’s passwords.
- Keep your security software up to date.



Tips and
Advice

Tips and
Advice



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General Advice for Students

- Never give out identifying information.
- Never write or post anything you wouldn't be comfortable with the whole world seeing.
- Treat others online as you would treat them in person.
- Never share your password.
- Never open an email or click on a link from someone you don't know.
- Never download or click on anything without checking with another trusted adult first.

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[Parents online resources](#)

Parent / Child activities: Identity Snapshot

Online Identity Snapshot (Ages 11-14) [Identity Snapshots](#)

Provide your child with a copy of **Appendix 2**. Explain that they have just 2 minutes to fill in as many of the details listed on the sheet as possible.

Ask your child to look over their completed sheets.

How would they feel if you showed it to people they know, such as friends and family?

[Key Questions](#)

Do you think your friends and family could guess who you are from the details you've given on the sheet?

Do the details on the sheet reflect who you are and how you behave offline?

Is there anything on the sheet that you wouldn't want to share with friends and family?

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Parent / Child activities: Identity Snapshot

(Ages 11-14) [Identity Snapshots](#)

Ask them to imagine a second scenario where you gave this sheet, and only this sheet, to a complete stranger.

[Key Questions:](#)

- What kind of impression would someone get of you from the details you listed?
- What assumptions might they make?
 - Would they learn anything about you and your identity that you wouldn't be comfortable with?
- What parts of you and your identity would they not get to see?



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Think you understand me?

(Ages 14-18) Show your child the following video from Childline: [Think you understand me](#)

Watch the video once and discuss immediate reactions. Ask your child to jot down the assumptions they think the producers of the video are expecting them to make about each person as they appear on screen.

Discuss further using the following questions as prompts.

Key Questions

What stereotypes and assumptions are highlighted in the video?

Where do you think stereotypes come from?

Do you think the internet reinforces or breaks down stereotypes? How? Are there any stereotypes which exist specifically online?

Can you think of any times online when something someone has shared or posted might lead to people making assumptions about them and their lives?



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Reporting Concerns



Illegal content can be reported to the IWF (Internet Watch Foundation)



Look for the 'ClickCEOP' button



Your child can get help if they're being bullied online at
www.cybermentors.org



You should report problems on a website your child uses to the website. A reputable site should respond.



You can email any questions you have to
help@theparentzone.co.uk.



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Additional Resources

www.childnet.com
www.thinkuknow.co.uk
www.saferinternet.org.uk
www.internetmatters.org
www.iwf.org.uk
www.digital-literacy.org.uk
www.kentesafety.wordpress.com

<http://www.childnet.com/resources/know-it-all-for-parents/kiafp-cd>

<http://www.theparentzone.co.uk/>

<http://www.parentport.org.uk/>

<http://www.vodafone.com/content/parents/get-started.html>

<http://www.parentinfo.org>

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Thank you for listening.

Any Questions?

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